

Edible Paint

GREAT FOR THOSE FIRST MESSY PLAY DAYS!

WHAT YOU WILL NEED:

- YOGHURT
- FOOD COLOURING OR FRUIT (NATURAL FOOD COLOURING)
- TRAY/BAKING CAKES TIN

WHAT YOU WILL NEED TO DO:

ADD YOGHURT AND A FEW DROPS OF FOOD COLOURING INTO
A TRAY OR BAKING CAKES TIN

MIX TOGETHER

DONE!

IF YOU PREFER TO USE NATURAL COLOURS:

TRY BLENDING:

- BEETROOT FOR A DEEP PURPLE
- BLUEBERRIES FOR A GREY/BLUE
- STRAWBERRIES & RASPBERRIES FOR A RED/PINK
- SPINACH FOR A GREEN

NOW EXPLORE IN A HIGH-CHAIR ON THE TRAY



Little Steps
Nanny and Events Agency